



Dr Owen McKay / Dr Phil Ha
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Gastroscopy Instructions

- **Do not eat for 6 hours or drink for 4 hours before your admission time.**
- **Your admission time will be text to you the day prior to your procedure.**
- **You may take essential medications** with a small sip of water unless advised not to by Dr McKay and Dr Ha's office.
- **You must not drive home** and you should arrange for someone to pick you up from the Hospital/Day Hospital you have your procedure at.
- Please bring hospital insurance details, medicare and pension details.
- Please wear **loose clothing and bring your reading glasses.** We do not accept responsibility for valuable items.
- Please bring a list of your current medications.
- **Please do not cease any medication you are taking unless advised by Dr McKay/Dr Ha's rooms only.**